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Laser Hair Removal Aftercare Instructions

After Your LHR:

* Avoid sun exposure to treated area as much as possible for 5 days after treatment.
* Apply 30 SPF mineral sunblock to treated area for 5 days after treatment.
* No shaving or exfoliating to for 3 days or until sensitivity subsides.
* Use gentle cleansing products free or fragrances or harsh chemicals.
* After 3 days, begin exfoliating to remove post- lasered hair.
* Do not pick or scratch treated area.
* Return for your next treatment: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Print Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DOB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

For any questions or concerns, please feel free to contact our office at (903) 561-0300.